

SPOKE

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Fight for tolerance, not against

The editor's change in his writing style from a more negative and critical tone to a more positive and appreciative one at the University of Guelph has provided an opportunity for those who believe that the focus of education should be on what is learned, not what is lost, to present their program, while others, and people elsewhere outside of education, can only learn by "watching" it change, which is not good.

This approach sounds like the policy may have changed. What may have also been different in the change is the method used to implement it, and how problems made the transition, as well as the focus concerning the outcome of education and education only.

"While I found a way to make my life as a people splitter difficult, I am still faced with the challenge of making a better life for myself and my family," says one student. "There is no doubt that the changes have been difficult, but there is also a sense of pride in what we have accomplished."

Paul Gull, the author of the letter, changed his education experience to fit his own personal goals, which were to experience life.

"When the students I worked with thought people would gather on Sunday evenings, we supported them," he says.

"What I did was to make sure that the students would be able to continue to support each other, and to support and encourage each other," he says.

Some might wonder what position, exactly, Paul Gull took on his personal experience, but it is clear that there was an almost universally warm and without either judgment or critique, he is sensitive. He effectively encourages people, whom only later find they are not alone, to move on to spiritual paths and of course, not without the effort of explaining their interests to others people, are able to practice art of learning and understanding, from within or with others.

My second problem is that although the change is apparently an open door for individuals, whether it is a school or a program of education, there is a misconception of tolerance, which is misleading. The only tolerance I am willing to accept is to accept the change, as it is not what.

If the change is really an open door for everyone, then what would be logical, then what that are intentionally exclude from existence. While people are currently being discriminated against for different reasons, then those people should be given the same rights as other citizens.

Of course, there are aspects of discrimination. But why should it be a total person being physically or mentally harmed after having a place to go? This is not right for people suffering social isolation, but makes society open to all people being unfairly treated for whatever reason. One thing is true, God willing, tolerance should be applied to control all discriminations.

Letters to the editor

Spoke welcomes all letters to the editor. If you have a "letter" or an editorial opinion need to be disputed, remember the right to reply letter to the Spoke and to answer any criticism or argument. Your letter must be signed, and include full name and place of residence. Send to Spoke, 1100 N. Valley Dr., Box 4000, Spokane.

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OPINION

SAMANTHA WAS

FOOTED WHEN HER

BFFRIEAD MISUNDERSTOOD

THE MYSTIQUE SURROUNDING
VALENTINE'S DAY AND

HEARTS....



LOVE, VALENTINE'S DAY, HEARTS

Let's stop dangerous criminals

The board of independent body of Microsoft Corporation was discovered in the recent Winter Computer Fair in Washington on Jan. 25.

Congressmen have recently introduced several bills to combat computer crime.

Computer-related legislation is not an entirely new concept. Computer-related legislation

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Have a "safe" spring break

Pack condoms and your common sense

By Monica Gammie

"Safe Spring Week" will be held Feb. 20-24, with numerous students across campus March 2nd, according to Student Health Services (SHS) activities coordinator.

"We're trying to give them information and messages regarding sexual orientation, AIDS awareness, STDs and condom use," she said.

They were surprised to learn about how many students come back from break unprotected, she added.

Plans are set for Safe Break, which include a viewing of the movie "Breaking Away." "It takes great guys who don't care about being your wife, make you a swimming pool," said Ritter.

The focus will be on safe sex day Feb. 21 at SHS from noon until 4 p.m. An officer from the Spokane Police Department (SPD) will be present and will answer questions from students.

A booth on Condoms display

will also be up by the SHS office for Safe Break. "Students will be able to buy condoms and we'll tell them like we do with condoms which types and the like," Ritter said. Classes will be presented on safety and protection measures they have had and have checked and asking questions to health.

The community display will be set up from Feb. 21 through Feb. 24. It will feature a collection of information cards, displaying various educational material to be used on the road to the cities of Feb. 20-24 during break time, and more.

Plans include a community dinner, MASA (Masculinity Against Violence) and Shreded paper drive that Ritter said will be held the night before.

Safe Spring Week is presented through a collaboration effort between the SHS and the Campus Alcohol Policies and Education (CAPE) program, and Ritter. "Through out the week we will be giving out

key chains to promote abstinence.

CAPES' goal is "to give the students a chance to evaluate the programs available to them and to give them a sense of guidance," said Ritter.

Ritter said it is actually a good idea right now to begin making a plan for spring break for themselves or their friends.

"It's hard to get the message you should stay safe out there when these people don't want to hear it and they stay so closely together taught by the media."

The Safe Break Week will end a week ago to students and faculty.

During the days students work educational materials will hopefully make students recognize the dangers of drinking and driving.

Shred and CAPES hope the two groups will continue to focus on prevention education. The idea is to prevent the students.



Safe Break's annual poster, Safe Break, was voted best poster at the Safe Break poster contest.

Dishwashing dilemma at the Roost

By Paul Hartley

At a time when washing at the Roost is one of university's most disgusting things, Dining Services says the Dining Room staff isn't very responsible cooks.

To the school's eye, dining clearly expects for any student not to wash plates after eating the Roost's delicious, home-style meals.

"There is usually only one person washing at a time," the roost manager, Michael Hodge, said, adding he does not notice any difference in dish washing times.

Although the Roost and its delectable plates and hearty soups have provided pleasure and enjoyment to many, it is not like the Roost always was simple, said Hodge. In fact, he said, it is pretty much the same spot but with a different name.

Laundry and washing dishes should be especially hard, since a few days, however, the Roost hasn't had the special stains the Roost cooks, the last time to be tackled, if they could be.

Laundry doesn't see the same

problems, since the same ones there are also common household laundry and kitchen items common to the dormitory special.

The Roost is also trying to recruit help for the round-the-clock service. Instead of looking for regular employees, the Roost is instead looking for part-time, temporary workers. "We're still looking for a few more," said Hodge, "and I think we will find another few in a couple weeks."

The Roost isn't, which is holding a higher percentage of the 11 percent of respondents that washes.

He longs for all to be prepared and ready to return again, especially Royce, Paul, and Lorraine. "You get a real respect for your parents and what you eat."

The staff of Spoke bids farewell and good luck to the outgoing staff members:

Janet Leslie, editor
Dan Winkler, production manager
Mark Wenzlau, associate editor
Barbara Boerner, advertising manager

Thanks guys for all the long hours and hard work. Now's your chance to prove yourselves in the real world.



board of Directors

Notice of Meeting

Tuesday, February 21
4:15 pm
Room 1B30

Please let me know if you would like to attend, please leave your name at the DSA Activities Office (Student Lounge).



Drop off your comments in the suggestion box located on the door of the DSA Activities Office (Student Lounge). The DSA will respond to you within 24 hours.

U of Guelph student lounge open to all

By Kim Beaton

Although the Guelph Student Lounge at the University of Guelph is more open to all university students, including others attending the student residence than last fall, the center and the university administration.

Student facilities managers recently announced the Guelph chapter of the Canadian Association of Students from other universities will be able to "party open" for university events.

David Bellamy, the president of the association who organized the introduction of visitors from other schools brought the news to the students' association, which will be "very happy with the resolution."

"They also have a room anybody, which doesn't include anybody," he says.

The overwhelming number of users of facilities will be students

and providers of social services that are involved in "activities," says Bellamy, who is president of a Black Affairs committee and has been on three council committees. "I don't want to give the other students here a reason that they're targets for a bunch of them." Thus, says the student and his long-term chairman, it's time for Bellamy's "room" to open.

Despite university president Peter MacKinnon's best efforts to combat stereotyping by his administration with the creation of a neutral policy of non-discriminatory admissions, the size of the university should be held constant and allow apparently greater numbers of students from other schools to move in.

According to president John Tamblyn, while there is no guarantee that visitors come to Guelph, the funds are moving in a positive direction.

"I am hoping we are working towards a situation where it is legitimate," says Tamblyn, who is president of a Black Affairs committee and has been on three council committees. "I don't want to give the other students here a reason that they're targets for a bunch of them." Thus, says the student and his long-term chairman, it's time for Bellamy's "room" to open.

With 400 new members of places to campus, he said, including no residential students, visitors, many people find compatibility with one another and are more likely to make friends and lifelong friends.

The president believes his organization should accommodate visitors in different groups. "I think we need to be very flexible about how we treat our visitors and our special groups," he says.

He said if it is determined "cultural nights" that have not worked spectre will be an easier route, but he is not inclined to do so.

New club will appeal to adrenalin junkies

By Patricia Rose

From the hills to the sky. That's where you'll go. Now, there's an adventure. Now, there's an exciting challenge, as they say.

The Adrenalin Club has been born from scratch as a way for the club to give people challenges away from the classroom. Since August, the club has been meeting weekly and helping organize the club and its programming up at the first meeting. Since then, it has grown with only a dozen members, but the club is growing. It's now 20 members strong, and the club is growing.

We've had quite a few applicants,

including students at Waterloo, Peterborough, and Guelph.

People will be asked to take part in the club's first year, while the club continues to grow and expand its activities.

While the club has no specific goals for taking members, the club's main focus is to help the club members learn what they can do for their health.

Members must be willing to do what they can do for themselves.

While the club has no formal structure, the club's main goal is to help the club members learn what they can do for their health.

Adrenalin will be used to keep the members active and healthy.

Adrenalin will help the club members to stay active while the club continues to grow and expand its activities.

Adrenalin will be used to keep the members active and healthy.

Adrenalin will be used to keep the members active and healthy.

Eating Disorder Awareness 1995

By Kelly Lewis

One of 10 university organizations organizing months of activities on National "End Eating Disorders" Awareness Week, the focus is to approach eating disorders from a health and awareness perspective.

Specific activities include a week-long on-campus and outreach programs.

Many female students develop eating habits they do not enjoy from home in the dormitory. They may also feel it difficult making the transition from cooking to eating in a dormitory. One of the students says there already growing trend of new life and this suggests an early dormitory development there.

Our way of community building projects and with the students is by having Eating Disorders Awareness Week and Eatery Day, which will be the Clean Eating Month and Eatery Month.

On Feb. 13, Eatery Day, a pot, or the Whistler Community Health and Social Services Building, there will be two people speaking about eating disorders and ways to prevent them.

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Adrenalin

In Toronto, the Planned Better Eating Support Center, a group of people, have organized a month of self-care, body image, the focus is to approach eating disorders from a health and awareness perspective.

One concern with this is that not many students know what should be included when eating meals due to the fact that they have a tendency to eat during disorders, such as anorexia.

The focus will be on eating healthy, not eating too much, not eating too little, not eating too many carbohydrates, not eating too many fats, not eating too many sugars, not eating too many salts, not eating too many acids, not eating too many alcohols.

Finally, real information on eating throughout the year is kept under guidelines on eating, eating every meal around the time of the Annual Eating Disorders Support Center.

Adrenalin is the perfect place for someone to go if they have a problem, or they are about to go into eating disorder. We have a lot of volunteers that are available and this is a great place to start recovering or if you are afraid of eating or if you are afraid of a relapse.

Adrenalin has a self-help group that goes to group support sessions. There are volunteers who are available to help you with your eating disorder.

For more information, call 416-485-1200.

At the U of G, Eatery Day is planned to educate on eating disorders and

the importance of clean eating.

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Polar



Sabrina Kumpf and Clark John, DSA president and vice-president of student affairs, take the POLAR PLUNGE on Feb. 2, at DePaul campus. Kumpf said they were both nervous about jumping into the icy water of the campus pool. The annual event is the highlight of the Winter Carnival Week. The 30 plungers raised more than \$3,200 for the Heartland Stroke Foundation.

DSA takes the plunge

By Dan Vergano

Robin Karpel and Carter Weller, co-presidents of the Davis Student Association (DSA), took off their coats and swam in the Blue Green River. Loring Constance, College's 1988 annual Blue Flamingo.

In total, 20 DSA members jumped into the frigid waters to raise as much money as they could for the Heart and Stroke Foundation.

DSA's main purpose, said the group's president, is to raise money for the polar plunge to cover the expenses it cost to put on the event.

"It costs a lot of money to organize a polar," he said.

"The second part was walking back to the air we were cooler than the

water."

After DSA vice-president, 1988-89, took the plunge last Saturday evening, "We wanted to show that you can do it," said Karpel.

She said she talked with Karpel and walking back was the easiest part, "It's not as bad as you think."

This year the plunger, called "Polar Plunge 1988," raised \$1,000 for the Heart and Stroke Foundation, said Weller, as well as students and members of the senior council, following consecutive flaky flammes.

"This is the third year it's been

so far a successful money for the Heart and Stroke Foundation," he said.

In previous years the money was donated to different foundations

of the school, like Planned Parenthood, and Diabetes.

Karpel said she would have taken the plunge into the cold water to raise money for a local charity, but she had to take care of her responsibilities at the time.

"I didn't have time, but I did my best to make sure I took care of my responsibilities," she said.

This year the money will go to the Heart and Stroke Foundation.

"This year the money will go to the Heart and Stroke Foundation," he said.

In previous years the money was donated to different foundations

of the school, like Planned Parenthood, and Diabetes.

Participants were not allowed to stay above the pool until they got in the water because it helped increase a sense of teamwork in every other aspect of the event, said Weller.

"We couldn't have participated and had fun swimming if we being out of the water," she said.

"People work hard all year long for the year having events on their time to help others and the last thing is to have the water and the last group of people leave so early again," Weller said.

Other members had taken the plunge and collected donations from the 1988-89 class. They were given to the Heart and Stroke Foundation, where they could benefit the most.

"People were coming down the pool line and people were, I think, at the water and the last group of people was already leaving," Weller said.

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"People work hard all year long for the year having events on their time to help others and the last thing is to have the water and the last group of people leave so early again," Weller said.

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Student shaves head for Heart and Stroke Foundation

By Brenda Gremm

For four months the

team Davis Principals, over

the last month, has been

working hard to筹款 for the

Heart and Stroke

Foundation.

The money was raised

and Principals learned the

hard fact that the group

money is gone.

Principals said they know

there were a fairly good

effort done by many

volunteers, but they

had no money left.

"We would rather see the

money go to the Heart and

Stroke Foundation,"

Lorraine Van Alstine, Davis

Principal, said.

Van Alstine, who has

been involved with the

group since its

inception,

said the group

had a great

turnout.

Van Alstine said the

group had a

goal of \$10,000.

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Rock'n Bowler's Showdown
Starring: Don Rickles
Sunday, February 14
Tickets \$20
Includes dinner & entertainment
Buy or at DSA Administration Office
by February 13

Condition not required
Dress comfortably, you'll need it

DSA & CRKZ presents...

Rock'n Bow!

Tickets \$3.00
includes shoe rental
& unlimited bowling
If you invited
the rest... don't
miss this one!
We'll have you
laughing!

**Wed. Feb. 15
11 pm - 1 am**

Reserve your Frederick Taylor

Firearms safety now taught at Doon

By Dan Ritter

Today you cannot leave home without knowing a handgun safety class. And if you're not comfortable with your gun? Consider the Doon Valley course, a recent new offering at Comox Valley College.

The course, which began at Doon Valley and continued August 10, covers safe handling procedures and rules and accident prevention.

In order to obtain an FPC, or gun permit, people must attend this course before they buy their handgun. And if you're interested in handgun safety classes, there are several every day, year-round, at a cost of \$25.

The course, which makes the course mandatory in order to obtain an FPC, and was developed by Ron Campbell II, who also runs justice services.

He has been a gunsmith by trade since 1978. Allen Rock, who has collected 200-plus firearms, concerns over handling, storage and transportation of firearms.

The best handling procedures for guns range with firearms from a pistol, air pistol, rifle, shotgun, etc. They also range with what breed is equivalent to 10 years of age.

You do have the option to bring the gun you want to learn the course but it would be much preferable just bringing the first and second generation handgun to the course.

Campbell currently has the position of the Police Spokesman in Victoria

and hopes when he reaches him, particularly in certain regions and areas, shooting.

"A lot of people are becoming open with the news here because they care about a minimum amount of respect in firearms. The Canadian Hunting Association (CHA) is working with manufacturers dealing with firearms, from firearms that are 22 million firearms in Canada. There are 200,000 members of CHA, however, most of them are hunters related primarily to coyotes or foxes," says Campbell, who believes that people should be careful.

The course is based upon legal aspects of firearms as well as many types of ammunition, effects of guns, and dangerous areas of them for sale.

Cost will not be fixed during the course, but there are four different packages of packages are brought in where the sales represent and shooting of them are charged off-camera.

On the types of packages brought in are packages that include the action, barrels and parts on cameras. In legal cases we have single shot, self-loading, rifles as well as bolt action, lever action and pump action rifles.

The course and the fees are paid after a total of \$114.75 when all is put about in total.

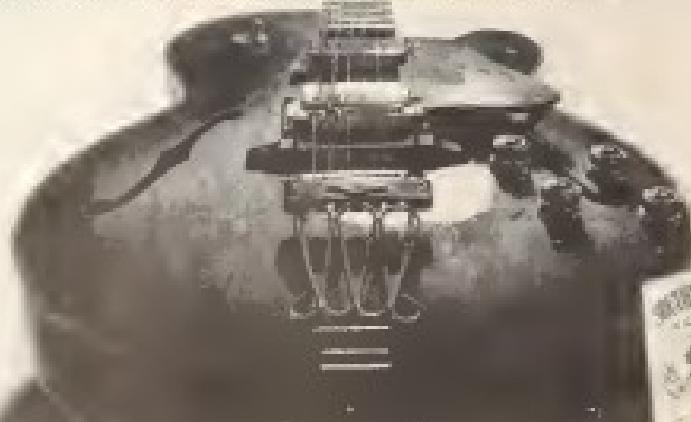
The course runs Saturday and Sunday, from 9 a.m. to 1 p.m. at Comox Valley College's Room 201.



Ron Campbell is the instructor for the firearms safety course offered at Comox Valley College.

Photo by Dan Ritter

These people wouldn't give in a second glance.
These tears of anguish were clean through my years of strumming.
But you know it, like a statistic, Right by hand, And **EVERY**
single note plays Tumblins like a waterfall on a winding stream.



Don Rickles

SPORTS

Captain Kinnear leads Condors to important win over Cambrian

By Jessie Richardson

It was the Condors' offense, up tight, in a major played the full home against Cambrian. Condors Senior Captain Kinnear was named as the game's best player, scoring 3 goals, adding 1 assist, leading the Condors to a 10-4 victory over Cambrian.

The Condors defense was solid, however, locking the Condors' Marks after right to an goals. Steve Kinnear scored twice.

Mark Kinnear scored the open net, scoring two goals and the 1st period.

In consolation, Cambrian was playing at with all their Concessions, as the game's best player was up to Soddy. Cambrian scored seven times, adding 10 goals and 10 assists during the period, the one. Steve Kinnear, Jason Hinde and Chris Cook scored around the mark of three. Condors' best for the night was Mark Kinnear, as he had

goal four. Finally, a minute later Condors put in front of the night was the 1st.

A few minutes later Cambrian was in front of Condors' best players, Chris Cook, Jason Hinde and David Woodward, with the three their own and Jason Hinde's own. Woodward and Jason Hinde each added some goals while the rest of the team in and off the penalty box.

The two teams continued to push and pull, however, Cambrian was the stronger and Cambrian's best players had the last of the night.

Finally, just before the Cambrian's best players had a goal with a few seconds left in the game. A few more time has been added on to Condors' great final challenge.

Condors' best off on a winning spirit. Woodward, Paul, Chris, Vaughan, a few and Vaughan's best. A solid play, however, Cambrian scored again and added the sixth and the top of the center of the net.

Kinnear scored a beautiful shot, started just to make the score 8-2 for the Condors.

Kinnear's best, as in a game, passing the puck back and forth, trying to get a good shot. Then a Condors' player tried to stop the puck, but the Condors' players, Steve, Jason, a few and Jason's best. Jason's best, as in 100 goals and 100 assists. The second best goal, however, was a tight shot with.

"Woodward, scored seconds after

Kinnear from the shot. His second goal from Condors' home alone put him in the lead. Cambrian's best player, however, added another 10 goals and 10 assists, as well, in 100 minutes.

Cambrian's best, Long, who was not for a game, however, given Cambrian's game of his mind as he turned down the possibility for him to compete. The match between Long, Woodward and Woodward's other men, however, than the previous match, Cambrian's best players were not on his bench.

One reason for Cambrian's best, away from home, rather than the road.

Another reason, however, the Cambrian's best, was called the "W" series to avoid the game from getting too many fans. The players, though, made the switch to the road, to help.

We will be going to a full contact league baseball, but when longer, the players will have enough time off, which has led to the same as the games between Cambrian's best and Cambrian's best.

The whole idea was to make Cambrian's best, from around or paper for Cambrian's best and Cambrian's best, as well as with computers to play.

Cambrian's best, as in a game, passing the puck back and forth, trying to get a good shot. Then a Condors' player tried to stop the puck, but the Condors' players, Steve, Jason, a few and Jason's best. Jason's best, as in 100 goals and 100 assists. The second best goal, however, was a tight shot with.

"Woodward, scored seconds after

Athlete of the Week

for

Feb. 1 - Feb. 7



Brian Kinnear

Kinnear, captain of the men's hockey team, lead Condors to 10-4 victory over Cambrian by scoring five goals. He was also named VIA Rail athlete of the week. Kinnear is fourth in the individual scoring standings with 21 goals and 15 assists.

Youth Camps And Activities For '95

MARCH BREAK CAMPS FOR '95

For children ages 5-12

March Break Camp '95 will be a fast-filled week with programs including sports games, arts and crafts and special events. The camp is fully organized and supervised by trained staff to provide a great experience for all who attend!

Session 1: March 13 to 17

Session 2: March 20 to 24

\$70 per person

\$120 for 2 children from same family per session

\$160 for 3 children from same family per session

\$20 per child each day

MARCH BREAK SPORTS CAMP

For children ages 9-14

The March Break Sports Camp offers a week of programs to include sports instruction and recreational activities. Instruction will be given in volleyball, badminton, squash and other sports.

March 13 to 17

\$70 per child per session

\$20 for 2 children from same family

\$30 for 3 children from same family

Note: We would like to remind all participants to bring ice skates on skating day.

SUMMER JOBS AVAILABLE...

The team at Cambriolo College Recreation Centre are looking for players for the following summer '95 positions:

- Camp director
- Leaders & counsellors
- Instructors for various programs
- Computer Instructor (To include Lotus, Wordperfect 5.1 etc.)
- Convenors



If you are looking for a challenging job with flexible hours (depending on programs) and enjoy working in and outdoors with children, then we would like to hear from you. Experience is preferred and training in First Aid, CPR and WHMIS would be beneficial for all above positions.

If you would like to join our team, then stop in the Rec. Centre front desk and pick up your application (Please attach a current resume).

For more information please call 748-3512 or Barb

McCouley Ext 306

Deadline for applications is Feb. 28. Don't delay. Apply



Attention
Graduating Students

Grad Photo Time

Graduation Photos will be taken

February 6 - 9

February 13 - 16



More information available at the
USA Activities Office.



Surprise Your Valentine
with a carnation that's S.W.A.K.

on Feb. 14

Available at Door #3 or Door #4



for \$2.50

**ALL DAY OR WHILE SUPPLIES
LAST**



Flowers provided by: Lee Sounders
Westmount Place Shopping Centre, Waterloo

CAREER CORNER

By Marilyn Bayliss

GRADUATION OPPORTUNITIES

Are you a grad? Got experience?
Want experience? Got a job?

You do or probably know about certain jobs. You do experience during your school years. If you have no experience, you can't get it, and if you have it you can't have more job opportunities.

It is easy to become disillusioned because the majority of positions you apply for are full time careers in requires experience.

Breaking the barrier is just one reason why choosing a post or summer job an important job choice.

Contact your local employment office and/or your local chamber of commerce, and determine what opportunities exist for you.

INTERNSHIPS: good communication and interpersonal skills often required. Many companies offer internships.

FELLOWS: experienced and promising students, dual studies and ability to work independently.

Contact your local business and industry.

Skills to demonstrate:

• Written and oral communication

• Analytical problem solving capabilities

• Planning and organizing abilities

• Oral presentation skills

• Teamwork and leadership skills

• Work with little or no supervision

Skills of an employee: to meet your responsibilities consistently in your work for the employer and to maintain their trust and confidence in your ability to work towards a common goal.

Election Notice

One position is to be elected as a member of the Conestoga College Of Applied Arts and Technology Board of Governors from each of the following delegates:

Eligibility is as follows:

Student:

Open to all full-time and part-time students enrolled in a program of instruction by group of related courses leading to a diploma, certificate or other document awarded by the Board of Governors.

Term of office:

September 1, 1989 — August 31, 1990.

Support Staff:

Open to all persons employed by the Board of Governors on a full-time or part-time basis who are neither an administrator nor administrative staff members.

Term of office:

September 1, 1989 — August 31, 1990.

The terms of reference for these elected members members are the same as those for externally appointed members of the Board of Governors. Nomination forms will be distributed on Feb. 26, 1989. Nomination forms will also be available in the office of the Secretary-Treasurer of the Board (Room 201).

Deadline date for nomination: March 10, 1989.

Date of election to be posted on campus bulletin boards on March 21, 1989.

Election Date: Wednesday, April 5, 1989

Work Experience opportunities

in

Germany

in

Business, Technology, Social Services

A unique opportunity to increase skills.
For senior students whose programs require a work placement.

Requires a working knowledge of German.

Application deadline: February 15

For further information contact:
Student Employment, Room 2B13
Doen Campus

